

Biblical Prayers for Every

AREA of **LIFE**

Prayers in the Bible about Relationships, Finances,
Hope, Health, Faith, Protection & Wisdom



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"Biblical Prayers for Every Area of Life"

- **Welcome**

We want to thank you for being interested in your spiritual life and we are sure that our God is bigger than your needs and sometimes we focus so much on them that they see themselves bigger than God, so our interest is that you can objectively put things in the real perspective which is that God is bigger than anything else that is causing you pain and that is why with the help of the Holy Spirit we will seek the answer to any of our needs through His word.

Prayers for Relationships

- A Prayer for Love and Unity

- Ephesians 4:1-3

In light of all this, here's what I want you to do. While I'm locked up here, a prisoner for the Master, I want you to get out there and walk—better yet, run!—on the road God called you to travel. I don't want any of you sitting around on your hands. I don't want anyone strolling off, down some path that goes nowhere. And mark that you do this with humility and discipline—not in fits and starts, but steadily, pouring yourselves out for each other in acts of love, alert at noticing differences and quick at mending fences.

- A Prayer for Marital Harmony

- 1 Corinthians 13:4-7

If I give everything I own to the poor and even go to the stake to be burned as a martyr, but I don't love, I've gotten nowhere. So, no matter what I say, what I believe, and what I do, I'm bankrupt without love.

Love never gives up.
Love cares more for others than for self.
Love doesn't want what it doesn't have.
Love doesn't strut,
Doesn't have a swelled head,
Doesn't force itself on others,

Isn't always "me first,"
Doesn't fly off the handle,
Doesn't keep score of the sins of others,
Doesn't revel when others grovel,
Takes pleasure in the flowering of truth,
Puts up with anything,
Trusts God always,
Always looks for the best,
Never looks back,
But keeps going to the end.

- A Prayer for Forgiveness

- Colossians 3:12-14

So, chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline. Be even-tempered, content with second place, quick to forgive an offense. Forgive as quickly and completely as the Master forgave you. And regardless of what else you put on, wear love. It's your basic, all-purpose garment. Never be without it.

- A Prayer for Friendships

- Proverbs 17:17

Friends love through all kinds of weather,
and families stick together in all kinds of trouble.

- A Prayer for Family

- Psalm 127:3

Don't you see that children are God's best gift?
the fruit of the womb his generous legacy?
Like a warrior's fistful of arrows are the children of a vigorous youth.
Oh, how blessed are you parents, with your quivers full of children!
Your enemies don't stand a chance against you; you'll sweep them right off your doorstep.

Prayers for Finances

- A Prayer for God's Provision

- Philippians 4:19

And now I have it all—and keep getting more! The gifts you sent with Epaphroditus were more than enough, like a sweet-smelling sacrifice roasting on the altar, filling the air with fragrance, pleasing God to no end. You can be sure

that God will take care of everything you need, his generosity exceeding even yours in the glory that pours from Jesus. Our God and Father abounds in glory that just pours out into eternity. Yes.

- A Prayer for Financial Wisdom

- Proverbs 3:9-10

Trust GOD from the bottom of your heart;
don't try to figure out everything on your own.
Listen for GOD's voice in everything you do, everywhere you go;
he's the one who will keep you on track.
Don't assume that you know it all.
Run to GOD! Run from evil!
Your body will glow with health,
your very bones will vibrate with life!
Honor GOD with everything you own;
give him the first and the best.
Your barns will burst,
your wine vats will brim over.
But don't, dear friend, resent GOD's discipline;
don't sulk under his loving correction.
It's the child he loves that GOD corrects;
a father's delight is behind all this.

- A Prayer for Debt Relief

- Psalm 37:21

Wicked borrows and never returns; Righteous gives and gives.
Generous gets it all in the end; Stingy is cut off at the pass.

- A Prayer for Generosity

- 2 Corinthians 9:6-7

Remember: A stingy planter gets a stingy crop; a lavish planter gets a lavish crop.
I want each of you to take plenty of time to think it over, and make up your own mind what you will give. That will protect you against sob stories and arm-twisting. God loves it when the giver delights in the giving.

- A Prayer for Contentment

- 1 Timothy 6:6-8

A devout life does bring wealth, but it's the rich simplicity of being yourself before God. Since we entered the world penniless and will leave it penniless, if we have bread on the table and shoes on our feet, that's enough.

Prayers of Hope

- A Prayer for Hope in Times of Trouble

- Psalm 34:17-18

Is anyone crying for help? God is listening, ready to rescue you.

If your heart is broken, you'll find God right there; if you're kicked in the gut, he'll help you catch your breath.

- A Prayer for a Bright Future

- Jeremiah 29:11

This is God's Word on the subject: "As soon as Babylon's seventy years are up and not a day before, I'll show up and take care of you as I promised and bring you back home. I know what I'm doing. I have it all planned out—plans to take care of you, not abandon you, plans to give you the future you hope for."

- A Prayer for Strength and Renewal

- Isaiah 40:27-31

Why would you ever complain, O Jacob, or, whine, Israel, saying, "God has lost track of me. He doesn't care what happens to me"?

Don't you know anything? Haven't you been listening?

God doesn't come and go. God *lasts*.

He's Creator of all you can see or imagine.

He doesn't get tired out, doesn't pause to catch his breath.

And he knows *everything*, inside and out.

He energizes those who get tired, gives fresh strength to dropouts.

For even young people tire and drop out, young folk in their prime stumble and fall.

But those who wait upon God get fresh strength.

They spread their wings and soar like eagles, They run and don't get tired, they walk and don't lag behind.

- A Prayer for God's Promises

- Romans 15:7-13

So reach out and welcome one another to God's glory. Jesus did it; now *you* do it! Jesus, staying true to God's purposes, reached out in a special way to the Jewish insiders so that the old ancestral promises would come true for them. As a result, the non-Jewish outsiders have been able to experience mercy and to show appreciation to God. Just think of all the Scriptures that will come true in what we do! For instance:

Then I'll join outsiders in a hymn-sing;

I'll sing to your name!

And this one: Outsiders and insiders, rejoice together!

And again: People of all nations, celebrate God!

All colors and races, give hearty praise!

And Isaiah's word: There's the root of our ancestor Jesse, breaking through the earth and growing tree tall, Tall enough for everyone everywhere to see and take hope! Oh! May the God of green hope fill you up with joy, fill you up with peace, so that your believing lives, filled with the life-giving energy of the Holy Spirit, will brim over with hope!

- A Prayer for Perseverance

- James 1:12

Anyone who meets a testing challenge head-on and manages to stick it out is mighty fortunate. For such persons loyally in love with God, the reward is life and more life.

Prayers for Health

- A Prayer for Healing

- Psalm 103:1-3

O my soul, bless God. From head to toe, I'll bless his holy name!

O my soul, bless God, don't forget a single blessing!

He forgives your sins—every one.

He heals your diseases—every one.

He redeems you from hell—saves your life!

He crowns you with love and mercy—a paradise crown.

He wraps you in goodness—beauty eternal.

He renews your youth—you're always young in his presence.

- A Prayer for Strength in Weakness

- 2 Corinthians 12:7-10

Because of the extravagance of those revelations, and so I wouldn't get a big head, I was given the gift of a handicap to keep me in constant touch with my limitations. Satan's angel did his best to get me down; what he in fact did was push me to my knees. No danger then of walking around high and mighty! At first I didn't think of it as a gift, and begged God to remove it. Three times I did that, and then he told me, My grace is enough; it's all you need.

My strength comes into its own in your weakness.

Once I heard that, I was glad to let it happen. I quit focusing on the handicap and began appreciating the gift. It was a case of Christ's strength moving in on my weakness. Now I take limitations in stride, and with good cheer, these limitations that cut me down to size—abuse, accidents, opposition, bad breaks. I just let Christ take over! And so the weaker I get, the stronger I become.

- A Prayer for a Sound Mind

- 2 Timothy 1:5-7

That precious memory triggers another: your honest faith—and what a rich faith it is, handed down from your grandmother Lois to your mother Eunice, and now to you! And the special gift of ministry you received when I laid hands on you and prayed—keep that ablaze! God doesn't want us to be shy with his gifts, but bold and loving and sensible.

- A Prayer for Caring for Your Body

- 1 Corinthians 6:16-20

There's more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, "The two become one." Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever—the kind of sex that can never "become one." There is a sense in which sexual sins are different from all others. In sexual sin we violate the sacredness of our own bodies, these bodies that were made for God-given and God-modeled love, for "becoming one" with another. Or didn't you realize that your body is a sacred place, the place of the Holy Spirit? Don't you see that you can't live however you please, squandering what God paid such a high price for? The physical part of you is not some piece of property belonging to the spiritual part of you. God owns the whole works. So let people see God in and through your body.

- A Prayer for Comfort in Suffering

- Romans 8:18-21

That's why I don't think there's any comparison between the present hard times and the coming good times. The created world itself can hardly wait for what's coming next. Everything in creation is being more or less held back. God reins it in until both creation and all the creatures are ready and can be released at the same moment into the glorious times ahead. Meanwhile, the joyful anticipation deepens.

Prayers for Faith

- A Prayer for Increased Faith

- Mark 9:24

No sooner were the words out of his mouth than the father cried, "Then I believe. Help me with my doubts!"

- A Prayer for Trusting God's Plan

- Proverbs 3:5-12

Trust God from the bottom of your heart; don't try to figure out everything on your own. Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track. Don't assume that you know it all.

Run to God! Run from evil!

Your body will glow with health, your very bones will vibrate with life!

Honor God with everything you own; give him the first and the best.

Your barns will burst, your wine vats will brim over. But don't, dear friend, resent God's discipline; don't sulk under his loving correction.

It's the child he loves that God corrects; a father's delight is behind all this.

- A Prayer for Faith in Difficult Times

- Hebrews 11:1-2

The fundamental fact of existence is that this trust in God, this faith, is the firm foundation under everything that makes life worth living. It's our handle on what we can't see. The act of faith is what distinguished our ancestors, set them above the crowd.

- A Prayer for a Faithful Walk

- Galatians 5:22-23

But what happens when we live God's way? He brings gifts into our lives, much the same way that fruit appears in an orchard—things like affection for others, exuberance about life, serenity. We develop a willingness to stick with things, a sense of compassion in the heart, and a conviction that a basic holiness permeates things and people. We find ourselves involved in loyal commitments, not needing to force our way in life, able to marshal and direct our energies wisely.

- A Prayer for Endurance

- Hebrews 12:1-3

Do you see what this means—all these pioneers who blazed the way, all these veterans cheering us on? It means we'd better get on with it. Strip down, start running—and never quit! No extra spiritual fat, no parasitic sins. Keep your eyes on *Jesus*, who both began and finished this race we're in. Study how he did it. Because he never lost sight of where he was headed—that exhilarating finish in and with God—he could put up with anything along the way: Cross, shame, whatever. And now he's *there*, in the place of honor, right alongside God. When you find yourselves flagging in your faith, go over that story again, item by item, that long litany of hostility he plowed through. *That* will shoot adrenaline into your souls!

Prayers for Protection

- A Prayer for God's Shield

- Psalm 91:1-13

You who sit down in the High God's presence, spend the night in Shaddai's shadow, Say this: "God, you're my refuge. I trust in you and I'm safe!"

That's right—he rescues you from hidden traps, shields you from deadly hazards. His huge outstretched arms protect you—under them you're perfectly safe; his arms fend off all harm.

Fear nothing—not wild wolves in the night, not flying arrows in the day, Not disease that prowls through the darkness, not disaster that erupts at high noon. Even though others succumb all around, drop like flies right and left, no harm will even graze you.

You'll stand untouched, watch it all from a distance, watch the wicked turn into corpses. Yes, because God's your refuge, the High God your very own home, Evil can't get close to you, harm can't get through the door.

He ordered his angels to guard you wherever you go.

If you stumble, they'll catch you; their job is to keep you from falling.

You'll walk unharmed among lions and snakes, and kick young lions and serpents from the path.

- A Prayer for Protection

- Matthew 6:7-13

"The world is full of so-called prayer warriors who are prayer-ignorant. They're full of formulas and programs and advice, peddling techniques for getting what you want from God. Don't fall for that nonsense. This is your Father you are dealing with, and he knows better than you what you need. With a God like this loving you, you can pray very simply. Like this:

Our Father in heaven, Reveal who you are. Set the world right; Do what's best—as above, so below. Keep us alive with three square meals.

Keep us forgiven with you and forgiving others.

Keep us safe from ourselves and the Devil.

You're in charge! You can do anything you want!

You're ablaze in beauty! Yes. Yes. Yes.

- A Prayer for Safety in Travel

- Psalm 121:7-8

God guards you from every evil, he guards your very life.

He guards you when you leave and when you return, he guards you now, he guards you always.

- A Prayer for Deliverance

- 2 Thessalonians 3:1-3

One more thing, friends: Pray for us. Pray that the Master's Word will simply take off and race through the country to a groundswell of response, just as it did among you. And pray that we'll be rescued from these troublemakers who are trying to do us in. I'm finding that not all "believers" are believers. But the Master never lets us down. He'll stick by you and protect you from evil.

- A Prayer for God's Presence

- Exodus 33:14

GOD said, "My presence will go with you. I'll see the journey to the end."

Prayers for Wisdom

- A Prayer for God's Wisdom

- James 1:5-8

If you don't know what you're doing, pray to the Father. He loves to help. You'll get his help, and won't be condescended to when you ask for it. Ask boldly, believingly, without a second thought. People who "worry their prayers" are like wind-whipped waves. Don't think you're going to get anything from the Master that way, adrift at sea, keeping all your options open.

- A Prayer for Discernment

- Proverbs 2:6-8

And here's why: GOD gives out Wisdom free,
is plainspoken in Knowledge and Understanding.
He's a rich mine of Common Sense for those who live well,
a personal bodyguard to the candid and sincere.
He keeps his eye on all who live honestly,
and pays special attention to his loyally committed ones.

- A Prayer for Wise Choices

- Proverbs 3:21-26

Dear friend, guard Clear Thinking and Common Sense with your life; don't for a minute lose sight of them.
They'll keep your soul alive and well, they'll keep you fit and attractive.
You'll travel safely, you'll neither tire nor trip.
You'll take afternoon naps without a worry, you'll enjoy a good night's sleep.

No need to panic over alarms or surprises, or predictions that doomsday's just around the corner, Because God will be right there with you; he'll keep you safe and sound.

- **A Prayer for Understanding**

- **Proverbs 16:16**

Get wisdom—it's worth more than money; choose insight over income every time.

- **A Prayer for Learning and Growth**

- **Proverbs 1:1-6**

These are the wise sayings of Solomon, David's son, Israel's king—Written down so we'll know how to live well and right, to understand what life means and where it's going; A manual for living, for learning what's right and just and fair; To teach the inexperienced the ropes and give our young people a grasp on reality.

There's something here also for seasoned men and women, still a thing or two for the experienced to learn—Fresh wisdom to probe and penetrate, the rhymes and reasons of wise men and women.

The Power of Prayer

- **Ephesians 1:15-19**

That's why, when I heard of the solid trust you have in the Master Jesus and your outpouring of love to all the followers of Jesus, I couldn't stop thanking God for you—every time I prayed, I'd think of you and give thanks. But I do more than thank. I ask—ask the God of our Master, Jesus Christ, the God of glory—to make you intelligent and discerning in knowing him personally, your eyes focused and clear, so that you can see exactly what it is he is calling you to do, grasp the immensity of this glorious way of life he has for his followers, oh, the utter extravagance of his work in us who trust him—endless energy, boundless strength!

- **The Mental Health Benefits of Prayer**

In recent years, research is being conducted exploring the positive effects that spirituality, especially prayer, has on mental health.

In a booklet, written by Dr. Deborah Cornah and published by the Mental Health Foundation of the United Kingdom¹, Dr. Cornah reports that that literature found in eleven studies reported links between religion, spirituality, and trauma caused mental health problems such as PTSD.

Two other findings in the same literature found that trauma can deepen a person's religion and spirituality and help people to cope. The positiveness, coping, readiness to face life questions, and religiousness are often associated with improved mental health and trauma recovery.

This research has prompted further studies across a wide range of disciplines to explore the positive contribution prayer can make to a person's mental health.

Perhaps being able to reach out to something greater than ourselves gives humans an anchor to tie themselves to ground us so we can absorb and digest traumatic events of the past.

*by Shirley Davis | Jan 20, 2020 | CPTSD, CPTSD Research, Mindfulness

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